

Vitamins - all results

Treatment	Number of studies	clinical deterioration	clinical improvement	deaths	viral clearance
Vitamin D	8 studies ¹	-	-	1.15 [0.72 ; 1.84], 4 RCTs, I2=10% inconclusive result	6.33 [1.54 ; 26.00], 1 RCT, I2=0% certainty unassessable
vitamin C	3 studies ²	0.52 [0.21 ; 1.30], 3 RCTs, I2=0% inconclusive result	1.67 [0.84 ; 3.33], 1 RCT, I2=0% inconclusive result	0.57 [0.29 ; 1.11], 4 RCTs, I2=0% inconclusive result	-

Notes

¹COVID-VIT-D, 2022 (NCT04552951); COVIT-TRIAL, 2022 (NCT04344041); Entrenas (Pilot Calcifediol), 2020 (NCT04366908); Murai, 2020 (NCT04449718); Rastogi, 2020 (NCT04459247); Annweiler (GERIA-COVID; regular intake of bolus vitamin D), 2020 (); Annweiler (GERIA-COVID; Vitamin D Supplementation After COVID-19 Diagnosis), 2020 (); Espitia-Hernandez, 2020 ()

²Kumari, 2020 (); Jamali Moghadam Siahkali, 2021 (IRCT20200411047025N1); Zhang, 2020 (NCT04264533)