

## Vitamins - all results

Treatment	Number of studies	clinical deterioration	clinical improvement	deaths	viral clearance
Vitamin D	8 studies <sup>1</sup>	-	-	1.15 [0.72 ; 1.84], 4 RCTs, I <sup>2</sup> =10% inconclusive result	6.33 [1.54 ; 26.00], 1 RCT, I <sup>2</sup> =0% certainty unassessable
vitamin C	3 studies <sup>2</sup>	0.52 [0.21 ; 1.30], 3 RCTs, I <sup>2</sup> =0% inconclusive result	1.67 [0.84 ; 3.33], 1 RCT, I <sup>2</sup> =0% inconclusive result	0.57 [0.29 ; 1.11], 4 RCTs, I <sup>2</sup> =0% inconclusive result	-

### Notes

<sup>1</sup>COVID-VIT-D, 2022 (NCT04552951) ; COVIT-TRIAL, 2022 (NCT04344041) ; Entrenas (Pilot Calcifediol), 2020 (NCT04366908) ; Murai, 2020 (NCT04449718) ; Rastogi, 2020 (NCT04459247) ; Annweiler (GERIA-COVID ; regular intake of bolus vitamin D), 2020 () ; Annweiler (GERIA-COVID ; Vitamin D Supplementation After COVID-19 Diagnosis), 2020 () ; Espitia-Hernandez, 2020 ()

<sup>2</sup>Kumari, 2020 () ; Jamali Moghadam Siahkali, 2021 (IRCT20200411047025N1) ; Zhang, 2020 (NCT04264533)